Neuroscience and Psychodynamic Therapy Seminar

9 Fridays, 5-6:30PM
Oct. 24, Nov. 21, Dec. 19, 2014,
Jan. 16, Feb. 20, Mar. 20, Apr. 17, May 15, June 12, 2015

Presenters

Georgia DeGangi, PhD, OTR, FAOTA
is a clinical psychologist and an occupational therapist in private practice at ITS: PALSS (Integrated Therapy Services: Psychological and Learning Support Services) in Kensington, MD. Dr. DeGangi has conducted research for many years to examine the most effective ways of treating children and adults who have problems related to self-regulation, sensory processing, attachment and social behaviors. Among her publications are Pediatric Disorders of Regulation in Affect and Behavior: A therapist’s guide to assessment and treatment and her most recent book The Dysregulated Adult: Integrated Treatment Approaches. She is on the faculty of the Developmental Psychotherapy

This nine- session seminar series is designed for mental health clinicians interested in application of theoretical approaches that integrate the principles of neuroscience to psychoanalytic therapy. Clinical cases are discussed from the vantage points of brain organization and development in the treatment of adolescents and adults. A range of clinical diagnoses will be discussed including PTSD, OCD, mood disorders, ADHD, and personality disorders. Participants will have the opportunity to apply neuroscience principles to their own clinical practice.

Recommended Readings


Seminar program of the Washington School of Psychiatry.

Kimberly Satin-Kubler, LCSW-C

is a clinical social worker in private practice in Bethesda, MD and co-director of Center for Growing Families, a specialized psychotherapy center. She serves on the faculty and board of the Washington School of Psychiatry and the faculty of the Institute of Contemporary Psychotherapy and Psychoanalysis. Kimberly has trained extensively in neuroscience and its applications to psychotherapy.

Harry Gill, MD PhD

holds a doctorate in Neuroscience and Psychology in addition to his training in Psychiatry. He chaired the two-year program "Neuroscience and Psychotherapy" at the Washington Center for Psychoanalysis. He has lectured at Johns Hopkins Bayview Medical Center and St. Luke's Institute, among others. He is currently the President of AXIS Healthcare Group and is a Clinical Assistant Professor at George Washington University. He is also Medical Director and Chair of the Department of Psychiatry at Medstar Southern Maryland Medical Hospital Center.

Bonnie Gallagher, LICSW

has a private practice in Washington, DC. She received her post graduate training in psychoanalytic psychotherapy from the Baltimore Washington Center for Psychoanalysis. Recent academic studies have focused on the study of neuroscience and psychoanalytic theory and practice. Ms. Gallagher's

Topics

Oct. 24  Basic development and organization of the brain

Objectives:
1. Describe the major biological influences on the development of psychopathology.
2. Describe the latest neuroscientific theories of brain function and their application to psychotherapy.
3. Define the ways in which psychotherapy help patients with different disorders.

Nov. 21  Overview of neuroscience associated with trauma and anxiety

Objectives:
1. Develop a thorough understanding of the neuroscience underlying trauma.
2. Describe the functional organization of the brain in manifestation of anxiety.
3. Apply the most current theories of brain function to the treatment of trauma and anxiety.

Dec. 19  Trauma

Objectives:
1. Identify the neural correlates of post-traumatic stress disorder (PTSD).
2. Discuss case material of a client with PTSD from a neuro-scientific point of view.
3. Develop neuro-scientifically influenced psychodynamic treatment strategies for addressing PTSD.

Jan. 16  Hoarding and OCD

Objectives:
1. Understand the neural correlates underlying hoarding and obsessive-compulsive disorder.
2. Discuss case material of clients with hoarding and OCD from a neuroscience perspective.
3. Develop neuro-scientifically influenced psychodynamic treatment strategies for addressing hoarding and OCD.
practice includes adults, couples, supervision, community mental health and support efforts for Alzheimer and dementia patients and their families. She is the current President of the Association for Psychoanalytic Thought, an affiliate of the Baltimore Washington Center for Psychoanalysis.

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<tr>
<th>Date</th>
<th>Event</th>
<th>Objectives</th>
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<td>Feb. 20</td>
<td>Anxiety/panic disorder</td>
<td>1. Identify the neural correlates of panic disorder.</td>
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<td>2. Discuss case material of panic disorder from a neuro-scientific point of view.</td>
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<td>3. Develop neuro-scientifically influenced psychodynamic treatment strategies for addressing panic disorder.</td>
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<td>Mar. 20</td>
<td>Overview of neuroscience associated with depression, ADHD, and Borderline personality disorder</td>
<td>1. Develop a thorough understanding of the neuroscience underlying depression.</td>
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<td>2. Describe the neural correlates underlying ADHD.</td>
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<td>3. Understand the neuroscience underlying borderline-narcissistic personality disorder.</td>
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<td>Apr. 17</td>
<td>Depression</td>
<td>1. Identify the neural correlates of depression.</td>
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<td>2. Discuss case material on depression from a neuro-scientific point of view.</td>
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<td>3. Develop neuro-scientifically influenced psychodynamic treatment strategies for addressing depression.</td>
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<td>May 15</td>
<td>ADHD</td>
<td>1. Identify the neural correlates of ADHD.</td>
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<td>2. Discuss case material on ADHD from a neuro-scientific point of view.</td>
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<td>3. Develop neuro-scientifically influenced treatment strategies for addressing ADHD in psychodynamic therapy.</td>
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<td>June 12</td>
<td>Borderline-Narcissistic personality disorder</td>
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1. Review and consolidate principles discussed of neuroscience in preceding clinical cases and apply this knowledge to intractable character disorders.
2. Develop increased understanding of patients with physical disabilities/handicaps and be able to recognize the fundamental importance of brain function in combination with unconscious conflicts and defenses.
3. Apply psychodynamic understanding of unconscious defenses, neuroscience and psychodynamic theory, to include countertransference in the service of patients.
4. Recognize the definition of progress and employ the application of containment techniques with severely character disordered patients.

Who Should Attend

The workshop is intended for psychologists, psychiatrists, social workers, psychiatric nurses, licensed professional counselors, marriage and family therapists, physicians.

CE/CME Award

13.5 CE/CME credits

Location and Time

The sessions will take place at the Washington School of Psychiatry, 5028 Wisconsin Ave NW #400, Washington DC 20016

5-6:30PM

Fee

$425 Regular
$325 Current WSP Members
$125 Current WSP students

To Register
Online at [www.wspdc.org/seminar](http://www.wspdc.org/seminar)

If you have questions about registration, call the School at 202-237-2700.

**Cancellations and Refunds**
Refunds will be made for cancellations received at the School office in writing at least 10 days before the seminar date and are subject to a non-refundable administrative fee of $50.

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