

REGISTRATION

CENTER FOR THE STUDY OF AGING

STORIES OF STROKE:

AN EXPLORATION OF STROKES' IMPACT
ON SURVIVORS AND CAREGIVERS

REGISTRATION 12:15PM TO 1:00PM

PROGRAM 1:00PM TO 4:30PM

SUNDAY, OCTOBER 23, 2011

NAME _____

DEGREE _____

ADDRESS _____

CITY _____ STATE ____ ZIP _____

PHONE (O) _____ (H) _____

EMAIL _____

FEE: \$100 NON-CLINICIAN FEE: \$50
STUDENT FEE: \$35

TOTAL AMOUNT ENCLOSED _____

PLEASE SEND THIS COMPLETED REGISTRATION FORM
AND CHECK TO:

WASHINGTON SCHOOL OF PSYCHIATRY

5028 WISCONSIN AVENUE, NW , SUITE 400

WASHINGTON, DC 20016

YOU MAY FAX THE COMPLETED FORM ALONG WITH
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WSP

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Washington, DC 20016

Phone: 202-237-2700

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WSP

WASHINGTON
SCHOOL OF
PSYCHIATRY
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CENTER FOR THE STUDY OF AGING- STORIES OF STROKE: AN EXPLORA- TION OF STROKE'S IMPACT ON SUR- VIVORS AND CAREGIVERS

*Presenters: Flora Ingenhouz, MSW
Melinda Salzman, MSW*

Stroke is the leading cause of long term disability and the fourth leading cause of death in our country. Given this frequency, we are bound to encounter it in our offices. How are our clients and their families affected? What are the bio-psychosocial impacts of stroke? How does stroke affect one's sense of self? What challenges do caregivers face? How do marital and family dynamics change?

Together, through stories, we will learn about stroke survivors and caregivers—their struggles and victories. We will consider their experience through the lens of Self Psychology. We will focus on helping stroke survivors and caregivers adapt, both emotionally and in daily life. Finally, we will examine the impact on ourselves of cumulative suffering and how we can replenish ourselves.

CONFERENCE SCHEDULE

12:15PM	Registration and light refreshment
1:00PM	When Stroke Moves in
1:35PM	Stroke 101
1:50PM	Tim and Marianne's Story
2:30PM	Break
2:45PM	Sam and Susan's Story
3:05PM	Rupture and Repair: Stroke from the Perspective of Self Psychology
3:35PM	Break

3:50PM Encounter with Suffering: Caring for Ourselves

4:30PM Closure

PRESENTERS

Flora Ingenhouz, MSW is Dutch and received her early training at the Dutch Gestalt Institute. After moving to the US she received her MSW at Catholic University. She opened her private practice in Silver Spring 25 years ago. She became certified as an Imago Relationship Therapist in 1995 and as a group psychotherapist at the Washington School in 2004. Since her stroke and full recovery in 2006, she has been leading stroke survivor groups and caregiver support groups. She specializes in treating individuals, couples and families who are facing chronic or life-threatening illness. She has a special interest in end-of-life issues.

Melinda Salzman, MSW works with couples to address relationship and sexual problems, as well as caregiving concerns. In addition, she works extensively with grief and loss. She led a stroke survivor support group that met concurrently with Flora's caregiver group, sponsored by the Montgomery County Stroke Association.

LEARNING OBJECTIVES

Participants will be able to

- Explain the wide range of effects stroke can have.
- Analyze family dynamics that may develop around stroke.
- Describe the challenges of caregiving.
- Help families adapt to changes in daily life.
- Apply Self Psychology theory to understand the dynamics of stroke.
- Discuss the toll working with suffering can take on mental health professionals and identify restorative activities.

WHO SHOULD ATTEND

The workshop is intended for psychologists, psychiatrists, social workers, psychiatric nurses, licensed professional counselors, marriage and family therapists, medical students and other graduate students. **Interested community members and others affiliated with the care of stroke victims, who are *not* psychotherapists are welcomed to attend at a reduced fee.**

Location: Washington School of Psychiatry.

FEE AND CE/CME CREDITS –

Fee - \$100 Non-clinician Fee—\$50

Student Fee- \$35

CE/CME Credits –3.5

TO REGISTER

Please complete the form on the back of this brochure or, you may call the School at 202-237-2700 or email lhead@wspdc.org to register as soon as possible.

CANCELLATIONS AND REFUNDS

Refunds will be made for cancellations received at the School office in writing at least 10 days before the conference date and are subject to a non-refundable administrative fee of \$50.

CONTINUING EDUCATION

The Washington School of Psychiatry is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington School maintains responsibility for this program and its contents. The School is approved by the Social Work Board of the State of Maryland as a provider of continuing education for social workers. The School has been approved by the National Board for Certified Counselors and Marriage and Family Therapists. The School adheres to the NBCC-Approved Continuing Education Provider Number 6388. The School is approved by MedChi, the Maryland State Medical Society, to provide continuing medical education for physicians.

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