

CE/CME AWARD

11.25 CE/CME credits

LOCATION AND TIME

Washington School of Psychiatry
5028 Wisconsin Ave #400
Washington DC 20016

Saturday, January 18, 9AM -5PM &
Sunday, January 19, 10AM-4PM

Lunch will be provided each day.

FEE

\$370 Regular
\$255 Current WSP members
\$140 Current WSP or graduate students

TO REGISTER ONLINE

Visit <http://wsphigh14.eventbrite.com>

If you have questions about registration, call the School at 202-237-2700 or email wowears@wspdc.org.

CANCELLATIONS AND REFUNDS

Refunds will be made for cancellations received at the School office in writing at least 10 days before the conference date and are subject to a non-refundable administrative fee of \$50.

CONTINUING EDUCATION

The Washington School of Psychiatry is approved by the American Psychological Association to provide continuing education for psychologists. The Washington School maintains responsibility for this program and its contents. The School is approved by the Social Work Board of the State of Maryland as a provider of continuing education for social workers in DC, MD, VA and WV. The School is a National Board of Certified Counselors-Approved Continuing Education Provider and may offer NBCC-approved clock hours for events that meet NBCC requirements. The School solely is responsible for all aspects of the program. The School is accredited by MedChi, The Maryland State Medical Society to provide continuing medical education for physicians.

Disclosure of Commercial Support and the Unlabeled use of a commercial product. No member of the planning committee and no member of the faculty for this event have a financial interest or other relationship with any commercial product.

The logo for the Washington School of Psychiatry (WSP) features the letters 'WSP' in a large, blue, serif font. Below the letters is a decorative graphic of a branch with leaves and berries.

5028 Wisconsin Ave., NW, Ste. 400
Washington, DC 20016

Phone: 202-237-2700
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Web: www.wspdc.org

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WASHINGTON SCHOOL OF PSYCHIATRY

TREATING THE HIGHLY RESIS- TANT PATIENT

A TWO DAY
CONFERENCE WITH
JON FREDERICKSON

JANUARY 18-19, 2014



TEL: 202-237-2700



TREATING THE HIGHLY RESISTANT PATIENT: THE ADDICT WHO HAD NO PROBLEM

Video Presentation: Jon Frederickson, MSW

One of the greatest challenges in our work is helping someone who claims he has no problem. "I don't have a problem." "Other people thought I should come." "Do you think I have a problem?" "Everything is going great!" Patients who use denial, projection, and splitting require sensitive work by the therapist in order to develop a therapeutic alliance that will lead to lasting change.

In this two-day workshop, Jon Frederickson will present the initial session and two later sessions with a recovering cocaine addict who had sabotaged his life for twelve years. You will see in real time how a patient maintains his denial for fifty-one minutes and the work that helps him shift to developing a strong therapeutic alliance, where he becomes devoted to changing his life.

OBJECTIVES

Attendees will learn how to:

1. Work with denial, projection, and splitting when there is no agreement to do therapy
2. Deactivate projections to reduce paranoia
3. Help patients turn against severe forms of self-harm and self-neglect
4. Help patients develop a therapeutic alliance
5. Help patients relinquish their projections and acknowledge their own self-harming behaviors
6. Help patients face self-destructive behaviors while preventing shame reactions that could lead to relapse

SCHEDULE

Saturday, January 18

- 9-10:30 Denial and its role in therapy. Video demonstration
- 10:30-10:45 Coffee
- 10:45-12 Helping the patient relinquish his denial
- 12-1 Lunch (provided)
- 1-2:30 Helping the patient see how his defenses hurt him
- 2:30-2:45 Coffee
- 2:45-4:30 Letting go of projection
- 4:30-5 Discussion

Sunday, January 19

- 10-12 Differentiating the patient from his destructive defenses
- 12-1 Lunch (provided)
- 1-2:30 A collaborative patient emerges
- 2:30-2:45 Coffee
- 2:45-4 Emotional Breakthrough and Discussion

PRESENTER

Jon Frederickson, MSW, is Chair, of the Intensive Short Term Dynamic Psychotherapy Training Program at the Washington School of Psychiatry. He teaches in Norway, Denmark, Sweden, Italy, and Poland, and has presented in Canada, France, Holland, and the United Kingdom. He is the author of Co-Creating Change: Effective Dynamic Therapy Techniques.

WHO SHOULD ATTEND

This clinical workshop is intended for psychologists, psychiatrists, social workers, psychiatric nurses, licensed professional counselors, marriage and family therapists, physicians, medical students, and other graduate students.

