7th Annual Summer Immersion Course in Intensive Short Term Dynamic Psychotherapy

Sunday – Friday, June 10 – 15, 2012

Registration

NAME ___________________________ DEGREE ___________________________

MAJOR PROFESSION ___________________________

ADDRESS ___________________________

CITY _______________ STATE ___ ZIP __________

PHONE (o) _______________ (h) _______________

EMAIL ___________________________

FEE: $1650 INCLUDES TUITION, HOUSING AND MEALS

TOTAL AMOUNT ENCLOSED _________

PLEASE SEND THIS COMPLETED REGISTRATION AND CHECK TO:

WASHINGTON SCHOOL OF PSYCHIATRY
5028 Wisconsin Avenue, NW, Suite 400
WASHINGTON, DC 20016

YOU MAY FAX THE COMPLETED REGISTRATION WITH CREDIT CARD INFORMATION TO 202-237-2730 IF CHARGING FEE.

___ MASTERCARD   ___ VISA

CARD NUMBER ___________________________

EXPIRATION DATE ___________________________

SIGNATURE ___________________________ DATE _________

Washington School of Psychiatry

5028 Wisconsin Ave., NW, Suite 400
Washington, DC 20016
Tel: 202-237-2700
Fax: 202-237-2730
Web: www.wspdc.org

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NOTA BENE:

When we say this is out in the country, we aren’t kidding! There is no cell phone service. The nearest cell phone service is 10 miles away. But wireless internet is available.
Imagine you are studying with highly skilled Short Term Dynamic Therapy clinicians with a group of devoted students, surrounded by the mountains of the Shenandoah National Park. You are able to study video tapes and discuss clinical issues all day long and party all night with your new-found friends. Surrounded by nature, in the early evening you watch black bears amble down from the mountains to nibble cherries from the nearby orchard. You sit on the porch in front of your room gazing over the mountain valleys watching the sunset. This is not a fantasy. It is the Summer School of the Washington School of Psychiatry Intensive Short Term Dynamic Psychotherapy Training Program. Come join us for our annual intensive training week.

Building Capacity
Patients seek our help because they are unable to see or deal with defenses that cause their suffering. First, we must regulate their anxiety and help them see and turn against defenses so they can face the feelings they have avoided. This careful building of capacity is not dramatic, but it is essential if we are to help patients reach their potential through therapy. We will see two patients who struggled with anger, but needed help developing very different capacities.

When Rage is Toward a Young Child
Presenter: Dr. David Wolff, MD
A 47 year old man with two young children was referred by his marital therapist for treatment. His longstanding problem of angry outbursts had led his wife to the brink of divorce. The trial therapy session was devoted to helping the patient understand how he was suppressing the feeling of anger, experiencing anxiety instead, and then resorting to defensive discharge. He had been unaware of how his defenses were hurting those he cared for, and then causing him to suffer from guilt and self-punishment. With this foundation in place, in the third session he was able to deeply experience feelings of murderous rage towards his three-year-old daughter. This led to a profound breakthrough of guilt and grief that proved to be transformative and the basis for a successful 18 session treatment. A one-year follow-up session revealed that his anger outbursts had stopped and his parenting had improved substantially.

CONTINUING EDUCATION
The Washington School of Psychiatry is approved by the American Psychological Association to offer continuing education for psychologists. The Washington School maintains responsibility for this program and its contents. The School is approved by the Social Work Board of the State of Maryland as a provider of continuing education for social workers in DC, MD, VA and WV. The School is recognized by the National Board for Certified Counselors to offer continuing education for national certified counselors and Marriage and Family Therapists. We adhere to the NBCC Continuing Education Guidelines Provider #628B. The School is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. Disclosure of commercial support and the unlabeled use of a commercial product. No member of the planning committee and no member of the faculty for this event have a financial interest or other relationship with any commercial product.