

GARDEN PARTY BRINGS GOOD TIMES AND BENEFITS

by Nancy Lithgow



A wonderful time was had by all participants at the lovely garden party benefit and reunion hosted by the School on May 20. Guests strolled the garden of Cedar Lane Unitarian Church on a beautiful spring evening to the music of a string quartet, organized by cellist Susan Lieberman, while enjoying old friends,

good wine and delicious light fare. Congratulations and thanks to Carolyn Angelo and Bob Schulte for planning another outstanding community event, the highlight of which was the late evening performance by the much in demand and very accomplished Duke Ellington Show Choir.

The evening's entertainment started in the garden with Maryetta Andrews-Sachs' baton twirling and John Thomas' rendition of "76 Trombones." As we moved inside, Bob Schulte was the Director, MC, and Auctioneer for the evening.

First, the WSP Singers – Nancy Lithgow, Leon Paparella, Jennifer Robertson, and John Thomas, sang a lovely medley of songs, accompanied by Kathy Brake. (Jennifer, a newly-minted PhD and recent addition to the

Treatment Center staff, was formerly a professional singer. We welcome her to our WSP community!) The Duke Ellington Show Choir danced and sang their hearts out for us! The audience was also delighted to welcome back last year's star tenor, Henry Brown, and accompanist Dennis Turner. This year they were joined by soprano Renee Barnes. Again, thanks to Bob Schulte, whose theater background and friends enabled him to produce such outstanding, professional entertainment.

The WSP community is a special place for many of us, and we hope that many more of you will join us for future celebrations. 📖

CHOOSING LIFE WHILE FACING DEATH EXISTENTIALIST MOLYN LEZCZ SPEAKER AT GROUP CONFERENCE

by Steve Van Wagoner

The National Group Psychotherapy Institute of WSP concluded the Sixth Institute's two year cycle in April with "Group Psychotherapy and Existential Confrontation," featuring Molyn Lezcz, Dr. Lezcz co-authored with Yalom the Fifth Edition of "The Theory and Practice of Group Psychotherapy." Maryetta Andrews-Sachs, weekend Chair and NGPI Director, opened the conference with a moving presentation that began with the acknowledgment of the very real, recent, and painful loss of our own faculty member Lamis Jarrar. But in Maryetta's inimitable style, she transformed our loss into a theme of survival and hope with the title of her talk, "Choosing Life While Facing Death." Lamis' spirit was alive as we together delved into making meaning of our place in the world, in relation to ourselves and others, even in the face of terrible loss. That we never stop learning, even from those who leave us behind, was captured for me by the words of

Leon Lurie - "I soon began learning from the grave."

Molyn helped us appreciate the finiteness of time as a guiding factor in conducting therapy from an existential model. "Living time" must supplant "killing time" as we engage in deep and disciplined therapeutic involvement, utilizing every moment of the session as we should strive to utilize every moment in our lives. In sharing of his group experiences with metastatic breast cancer patients, Molyn showed us how much we can learn from patients who confront their illness and eventual death and discover the potential to live each present moment more meaningfully and fully. As one patient said "If I had been in the Twin Towers on September 11th, I would not have had a single regret about how I spent September 10th." Molyn brought these concepts into relief through the two demonstration groups that he led. His

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WSP

Barbara Wayne, PhD
Chair, Board of Directors

Stew Reuter
Executive Director

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The Washington School of Psychiatry is dedicated to the advancement of mental health through:

EDUCATION • TREATMENT • RESEARCH • ADVOCACY

An interdisciplinary approach to the theory and practice of psychotherapy since 1936.

From the new Board Chair, Barbara Wayne



This is my first opportunity as Chair of the Board to communicate with the broader community of the Washington School of Psychiatry. I'm honored to be chosen for this position, and I'm especially pleased to have such a strong Board with which to collaborate.

One of our most important ongoing efforts is the strengthening of our community and the involvement

of our faculty and other membership in planning for WSP's future. We encourage you to call or email with your questions, comments, and suggestions.

We've seen a great deal of change at WSP in the past year, and the coming year will bring still more new developments. We've had a number of important events and accomplishments:

WSP held a successful benefit on May 20. The numerous friends of the School who attended were treated to a delightful evening of excellent food; entertainment by the Duke Ellington High School Choir, School members, and professional singers; and an opportunity to catch up with old friends in an idyllic garden setting. The funds raised approached a record for these events.

On June 7 we held our 2007 graduation ceremony. Our certificate programs honored 20 new graduates, with almost 100 family, friends and faculty in attendance.

Our new Executive Assistant, Sharon Jarlson, has joined Chiquita Boyd and Lisa Head in the office. Sharon has extensive experience with copy editing, newsletters, and publicity materials. An administrative assistant is also being hired to handle routine clerical tasks. The office is fully staffed for the first time in a long while.

Through the generosity of Sidney Harman, the chair of Harman International Industries, a new sound and projection system has been installed in the Conference Room. This brings a significant improvement in the quality of our offerings.

A group of faculty and others is coming together to discuss programs for training in the treatment of trauma victims, with a special focus on returning veterans and their families.

We've strengthened WSP's financial position. This fiscal year is closing with a much reduced deficit, and next year's budget projects a surplus.

We also have some important events in the life of the School to anticipate:

The Search Committee is interviewing candidates and will be nominating a new Executive Director/Chief Academic Officer within the next few weeks.

In early fall WSP will hold a Town Meeting to present and discuss the School's annual report.

The WSP website is being revised and updated to include more information about the School, including the complete Catalogue. We also plan to introduce on-line course registration.

As we improve our website we are also reviewing and organizing our advertising and publicity. Costs dictate reduced use of postal mailings and greater reliance on electronic methods. One important implication of this is that if you want to keep up on what's going on at WSP, check out the website and MAKE SURE WE HAVE YOUR EMAIL ADDRESS. Send it to info@wspdc.org.

I look forward to hearing from you, and seeing each of you at WSP in the upcoming months. ☺

BOARD ELECTS WAYNE, NAYAR, OSTER AND ROTH

Elections bring changes to the Board as Polsby steps down after three terms as Chair.

Gail Polsby has a forty five year history with the School beginning as a student in 1962. She will remain a member of the Board. We are grateful for her dedicated service and enormous contribution to the school as Chair.

The new Chair is Barbara Wayne. In addition to Barbara Wayne taking the Chair after serving as Secretary for the last two years, Rose-Marie Oster stays on as Vice Chair, Shoba Nayar becomes Secretary and Sue Roth, long time board member, becomes Treasurer.

Wayne, a psychologist in private practice in Chevy Chase, was Secretary to the Board for the past term and Chair of the Faculty Clinical Council for two terms. She is also a long standing member of the faculty of the Advanced Psychotherapy Training program as well as serving on its Steering Committee.

Rose-Marie Oster is a long time Board member and a popular professor of Germanic studies at the University of Maryland where she has had numerous leadership roles. In the mid-nineties she was the Acting Director of the WSP for a semester.

Shoba Nayar is a clinician in private practice in Friendship Heights. After being a student in several programs at the WSP she wanted to give back to the school and became an active Board member two years ago. Sue Roth has been an active Board member for many years, previously chairing the Clinic Advisory Committee for the Board. She replaces Stanley Sher who served on the Board for five years and was the School's outstanding treasurer for the last four. Stan is an attorney at the firm of Sher & Blackwell and has been an active member on many non-profit boards. The Board and the School community are extremely grateful for his contributions and will miss not only his expertise but also his wit and warmth. ☺

The ISTDP program will host a
conference on September 29

Penetrating Defenses to Awaken the Self
featuring Susan Warshaw

This will be a videotape presentation of therapy
sessions showing how to develop a therapeutic
alliance with traumatized patients.

The Washington School of Psychiatry News is published twice a year. It is possible because of the volunteer efforts of faculty, staff, students and alumni. Submissions, suggestions and assistance from members of the WSP community are welcome. Contact Managing Editor RoseMarie Oster at rosengo@earthlink.net or 202-237-2700. Copy Editors: Herbert Hagerty, Shoba Nayar.

CHANGE AT THE CENTERS By Hattie Peterson

LENORE SHAPIRO STEPS DOWN AS DIRECTOR OF CLINICAL SERVICES



During her more than eighteen years as Meyer Treatment Center Director and, more recently, as the overall Director of Clinical Services for WSP, Lenore Shapiro has created a warm and supportive ambience that has promoted the professional growth of the Centers' therapists, students and psychiatric residents. She has continuously strived to

provide superlative patient services and has fostered a level of collegiality, cohesiveness and mutual respect that is rare in institutional environments. She has been a strong, supportive voice on behalf of the clinical staff and will be much missed by all of us.

Fortunately, Lenore will continue her work as an associated staff therapist, as co-chair of the Central Concepts in Dynamic Psychotherapy Program, and as liaison to the St. Elizabeth Hospital's psychiatric resident training program, in addition to devoting more time to her private practice. She will continue to be a much valued part of our organization.

Before Lenore's departure, she joined with our other clinic administrators, our Executive Director, Stew Reuter, and the Board's Clinic Committee, to recommend a new administrative



Mimi Blaisiak

structure that will maintain quality while being more streamlined and less costly. In the new arrangement, Jane Prelinger of the Meyer Treatment Center and Mimi Blaisiak of the Lebowitz Center for Youth and Families will continue in their current leadership roles, without an

overall Director of Clinic Services. They will still be part-time, but many of their previous duties, such as some of the outreach work, will be assigned on an as-needed, hourly basis to qualified Associated Staff. We are excited and optimistic about the new plan. Close collaboration between the two entities will ensure optimum patient care. ☺



Jane Prelinger

NEW SHORT COURSES DRAW UNPRECEDENTED NUMBERS

New short courses and workshops have been offered in a wide variety of topics this past year and have been enthusiastically received. As intended, the courses have complemented the certificate programs and expanded the range of WSP offerings. Review of several of these can be seen on our web page. During 2006-07, they have included:

- Eating Disorders
- Experienced Clinicians Talk about Their Careers
- Introduction to Jaques Lacan with Antonio Quinet
- New Findings in Neuroscience-Traditional, Body-based, and Alternative Treatment Implications
- Introduction to Cognitive-Behavioral Therapy
- Basic Principles of Group Psychotherapy
- The Art of Clinical Supervision
- Ethics – 3 and 6 hours

During the 2007-08 year, the course on group psychotherapy, clinical supervision, and ethics, all of which meet the requirements of professional organizations, will be offered again. Other workshops also may be repeated, New offerings will include:

- Buddhism and Its Application to Psychotherapy
- Treatment of Trauma Survivors, PTSD
- Alcoholism and Other Addictions
- Introduction to Self Psychology

More courses and seminars can still be added. Ideas and inquiries are welcome and may be sent to the Chair or to members of our Steering Committee, who are: Gordon Kirschner, Chair, Marshall Alcorn, Maryetta Andrews-Sachs, Jon Frederickson, Patricia Garcia Golden, and Bea Liebenberg. ☺

GPAA/MAGPS CINEMA SERIES

Washington School of Psychiatry Group Psychotherapy Alumni Association & Mid-Atlantic Group Psychotherapy Society

Friday, September 28, 2007

JUNEBUG

MODERATOR: Leon Lurie

Light Dinner 5:45 to 6:30

Film / Discussion 6:30 to 9:30

At the Washington School of Psychiatry's Conference Room
5028 Wisconsin Avenue, NW, Suite 400, Washington DC 20016

The charge for the movie night is \$10.00 which includes a light dinner and wine. Reservations suggested – Call 202-237-2700

You do not have to be a member of WSP/GPAA or MAGPS to attend. **All are welcome!**

ANNA LAKE & EILEEN McCLATCHY, Co-Chairs

The film after Junebug, **Tsotsi**, will be shown on
Friday, December 7, 2007

JOIN OUR LIST SERVE

The WSP Committee on Alumnae Relations has created a list serve as a forum for alumni, faculty and clinical staff of the School to exchange ideas and expertise. Its purpose is to share clinical topics, to discuss articles of clinical interest, to enhance practice building through exchange of referral sources, to advertise/seek office space, and to stay abreast of Washington School of Psychiatry activities and programs.

To join the list serve (which currently has over 130 members) please e-mail Board member Shoba Nayar - the list serve moderator - at snayar@starpower.net

We look forward to seeing you online.

John Fredrickson Interviews: Macario Giraldo

John Frederickson interviews Macario Giraldo, faculty member and former chair of the NGPI, about the relevance of Jacques Lacan's work for group psychotherapy.

Macario has been a member of the WSP faculty since 1973; for the past 10 years he has been conducting two day institutes at AGPA presenting Lacan's ideas through the experience of the group and lecturing. His forthcoming book "The Dialogues in the Group" will be published in the International Library of Group Psychotherapy this fall.

JF: Can you say what relevance Lacan's work has for group work?

MG: In object relations we refer to a real object, a person. For Lacan the object of desire refers back to a lack, the loss of an experience of fullness dating from early childhood. All the objects of our desire are in metonymic connection with the original object of desire that is gone and can not be recovered. The ego is a borrowed wholeness, taken from the mirror stage.

JF: So you're saying the Ego is the image of myself which my mother had in her eyes.

MG: Yeah. This image that was communicated to me.

JF: So this image I carry from my mother I present to the group.

MG: Yes, the ego is essentially a projection. So I am looking at the dialogues in the group as projections. Not just projections we put onto others. For Lacan, these projections are images we have taken from the Other.

JF: You're saying the ego is the projection mother has placed on me that I carry. And insofar as I present that to the group, I'm not presenting myself but my mother's projection.

MG: I am presenting an 'otherness' to others. That's what he called the Imaginary, which is the reality we are living in every day. How we construct the world.

JF: I relate to the group through this projection I carry and then I also relate to the group as people who should be the original object of desire and no longer experience the loss of fullness.

MG: The original object of desire is represented as a fullness we experienced with our mothers. However, the fullness at that time was not conceived in that way because it was a time of non-differentiation, before we used language. Retroactively we construct the object cause of desire. The image can only communicate to us an otherness of the other and through that we try to connect to an object of desire which we wish to be full but it never can be full.

The image is the first way the child can separate from the mother. The second big step is through the word.

JF: So he follows Freud who says that the child overcomes loss of the mother by hallucinating the image of the mother but the second differentiation is through the word. This increasing sense of loss leads us to look to others to be the object of this original fullness. So in the group

I will present myself as the projection of my mother's desire which is to realize her lost fullness and then I will also look to the group to embody this lost fullness for me too.

MG: Yes. Members of the group will do this through both positive and negative identifications. Those are the dialogues in the group: the Imaginary dimension of Lacan.

JF: What does that term mean for Lacan?

MG: In this world of the Imaginary we want the look alike, the mirror of ourselves. We don't want the different, the one not like ourselves. These images are a kind of crutch we use so we can keep on dreaming while awake. He talks about life as a dream.

JF: So the ego represents the realm of the dream, whereas the id represents the realm of the real.

MG: The unconscious comes from the symbolic order. We come in contact with our unconscious desires through words that we learn from others, the mother tongue. Language comes to us; it has an exteriority. It becomes incarnated in each one of us.

The group member presents this profound desire through language. So we will pay attention to the patient's words, stopping him when he repeats certain ordinary words. For instance, a man in a group was in conflict about whether to leave his wife. He was bothered by my use of the word "struggle." As we explored this, he remembered a former teacher who told him, "Try not to make things into a dilemma because there is no solution to a dilemma. Try to make things into a problem." "I was relating to my marriage as a dilemma and now I realize it is just a problem. That is my struggle. I hated that word from you, but I have used it. And the funny thing is, nothing has changed." The word will lead to what is repressed.

JF: Through this word he was repressing this understanding. Now he can relate to his wife as a 'problem' rather than asking her to be the incarnation of his original object of desire which would be an unsolvable dilemma.

MG: Right.

JF: So by relating to her in a more realistic way he

MG: Would be moving from the Imaginary into the Symbolic realm.

JF: No longer relating to his wife as this failed imaginary object of desire, he could relate to his wife and to this symbol he could now recognize as a symbol.

MG: I think so. ☐

We express our thanks to Sidney Harman for his support and generosity in helping us to acquire new equipment to upgrade the audio system of the School's Conference Room.

MIKE STIERS SPEAKS TO 2007 GRADUATES ON SERIOUS LEARNING, THERAPEUTIC RELATIONSHIPS AND THE HUNGER FOR KNOWLEDGE



Twenty happy graduates, together with more than 100 proud family members, friends, faculty and Board members, celebrated the completion of two- or three year WSP certificate training programs on June 7 at Cedar Lane Unitarian Church.

The speaker this year was long time faculty member and former Dean of our National Group Psychotherapy Training Program, Michael Stiers. Mike actually began his association with the School as a psychology intern in the Meyer Treatment Center many years ago. He is a respected scholar and warmly regarded colleague who has particular interests in large groups, Kleinian theory and existentialism. After the graduation address and presentation of certificates to the students everyone enjoyed a festive light fare, wine and happy conversation.

The following are excerpts from the graduation speech:

...I know therapists who pursue their postgraduate requirements whisking through online courses in the comfort of their living rooms or offices.

So, I am excited tonight because I am in the presence of a bunch of epistemopheliacs. Yes, you are; each and every one of you. The word epistemopheliac may be a neologism, but I was inspired by Melanie Klein, who talked about the epistemophelic drive which is the need for humans to know; a deeply rooted curiosity, innate and insatiable, which she puts on a par with hunger and sexual desire.

The great Brazilian educator Paulo Friere said that epistemological curiosity is the human disposition to be surprised before people, what they do and say, before facts and phenomena, before beauty and ugliness. It is the unrestrainable need to understand in order to explain. It is an insatiable desire, always alive, full of feeling; and searching to realize what lies in the realm of one's "visions of depth."...

Each of you is being recognized tonight, because you decided to resist the temptation to skim across the surface of knowledge, but instead you chose to explore its depths.

Whether you specialize in individual psychotherapy or you work with couples or families, or you see children or adolescents, or you work with infants and their families, or you run groups or you practice short-term dynamic psychotherapy, the work that you have chosen to do pulls you deeply into the realm of dynamic unconscious forces. Your work as therapists is carried out within the framework of passionate attachments where you make use of your intimate connections with patients to understand the resistances, fears, disturbances and thwarted desires that affect peoples' lives. Your lives as psychotherapists are deeply embedded in human relatedness with all of its joys and sorrows.

Neuro-scientists attest to the fact that significant learning requires the marriage of emotion and reason nurtured in relationship. It is our fundamental need for relatedness that brings us into intense interactions with the world in which existence takes on an increasingly greater complexity. It is in this heat of living that we grow emotionally and intellectually and relationally.

You, the graduates of 2007, are being celebrated tonight because you chose to challenge the limits of your knowledge, not in the security of your living rooms or offices, but in a learning community which of necessity is full of challenges, frustrations and unrest.

In discussing your therapy cases in seminars and in supervision, you chose to reveal the details of your intimate therapeutic relationships, and in doing so, you no doubt, took the risk of unveiling your own anxieties, doubts and uncertainties.

Tonight we recognize your courage. Serious learning requires significant risk taking because new learning not only shines light on new understandings, but it also deconstructs our previous knowledge and the security that knowledge provided.

Some of you traveled long distances when it would have felt more secure to stay at home. This is literally true for some, but I hope that it is figuratively true for all of you, that in some way you traveled a great distance from where you began.

We at the School are very fortunate that each of you brought your person and spirit to the WSP... I welcome you tonight as colleagues.

You have become part of a long, at times turbulent, and a thoroughly unorthodox tradition.

The School founded in 1936 by Harry Stack Sullivan, William Alanson White, and others was conceived in reaction to an orthodox psychoanalysis which underestimated the importance of the therapeutic relationship. The School saw its function as being integrative by offering a sympathetic hospitality to new ideas coming from the fields of biology, physiology, psychology, the social sciences, philosophy, religion and organizational management and the arts....

We live in challenging times, and it is more important than ever to maintain an openness to new ideas and new people.

We need to reach out to make our School more racially and ethnically diverse. We need to learn from others whose experiences are different from our own, and give a greater voice to those in our community who have been marginalized.

We need to nurture the young and the old, the gay and the straight, the able-bodied and the not so able-bodied but able spirited, the old guard and the new guard, the privileged and the disadvantaged.

We need to learn together as a dynamic community, and we need to raise our voices in protest when those in positions of power in our city and nation, appear to neither think deeply nor stay open to the voices of others when their ideas and grand plans are being challenged. It is essential that we speak our minds and that we speak from our hearts...

So in conclusion I want to congratulate our 2007 Graduates and all of the faculty, staff, supervisors, administrators, our executive director, the members of the board, our life partners, and our families and friends who were essential in supporting the educational accomplishments of our graduates. And I want to encourage everyone here, including family and friends, to join and to be active in our community. Let us support and challenge each other in finding the will to take our place at the School, the courage to speak of our experience, and the faith to believe, that if we do this as a community, we will surely be able to penetrate the darkness.

Congratulations to you all!! ☺



Biology in Psychology

INFANT ATTACHMENT

By Gordon Kirschner

Inspired by Harlowe's studies of Rhesus monkeys, John Bowlby formulated a theory of infant attachment, arguing that the mother-infant bond was crucial in psychological development. Allan Schore documented massive data supporting his proposition that trauma in infancy is the basis of borderline and other personality disorder. L.A. Sroufe studied children from infancy to adulthood, illuminating the whole picture.

Yet why were some children so resilient in conditions of stress while others were vulnerable? Part of the answer comes from monkeys now living near here in an NIH research facility directed by Steven Suomi. He has noted remarkable genetic variation in those Rhesus macaques; about one in twenty are born with a short allele on the serotonin transporter gene; that allele is a controlling element of the gene regulating the neurotransmitter serotonin, an essential link in systems modulating emotion. As reported by Suomi in a lecture he gave at WSP in 2002, these young rhesus monkeys with the affected gene are extremely vulnerable to the effects of inadequate maternal care; the defect in the transport gene does not emerge in well cared for infants because in that circumstance the gene is not expressed, it is never turned on. Such fortunate infants are indistinguishable from the majority. The unfortunates, in whom the gene is expressed, are irritable, hyperactive, obnoxious, and risk taking to an extreme, quite consistent with our understanding of serotonin as modulating emotional response. If male, they are driven from the troupe prematurely. In that phase of life in which somewhat older adolescent males normally form groups before seeking to join another troupe, they may remain solitary and half of them fail to survive. Females stay in the troupe but they are typically inadequate in care of their own offspring.

On April 17, at a conference organized by Robert Ursano, editor of our journal *Psychiatry*, John H. Krystal of Yale University reported new work, linking vulnerability to trauma in children with the presence of the short allele transporter gene, revealing a pattern, similar to the pattern in the deprived monkeys, which emerges only in children who had been traumatized and who lacked social support. He found that vulnerability results from complex gene, environment interaction, as is the case with the monkeys.

Suomi likes to say that the Rhesus macaque is a remarkably suc-

cessful species, thriving throughout the entire Indian subcontinent from the Southern tip to the Himalayas in the North. He made gene studies of five other macaque species, groups that were not faring as well as the Indian rhesus, one in fact almost extinct in the wild. Only one group, in a harsh Himalayan environment, carries the short allele serotonin gene, the others do not. Can it be that this apparently harmful gene variation confers some adaptive advantage? ☞

This article with references is published on www.swpdc.org

GROUP PSYCHOTHERAPY AND EXISTENTIAL CONFRONTATION

Continued from Page 1...

therapeutic presence, relatedness, and attention were clearly seen and felt as he managed both therapeutic engagement and confrontation with the group members.

Over 40 participants joined the faculty for this final weekend institute, which saw 19 members complete the entire institute, three of whom received their certification by the school for completing the advanced track. Comments from participants and faculty that captured the meaning of this conference and the two-year institute:

"There are many things better to do five years early than one day too late." - Molyn Lezscz

"We are condemned to freedom." - Jean-Paul Sartre

But "with freedom comes responsibility and authorship for one's life." - Molyn Lezscz

"Every program I have participated in at the Washington School of Psychiatry has changed me. Every conference felt like it was building a foundation." - Institute Member

"When I am finished with these weekends I am exhausted, but I am also energized for the work." - Institute Member

"I know of no faculty who is more honest and earnest than the Washington School of Psychiatry faculty. It is always such an honor to work with you." - Molyn Lezscz

A new two-year Institute series will begin with a conference on October 12 and 13. Participants can sign up for the whole two-year sequence, or select individual weekends. Call the office at 202-237-2700 to request a brochure. ☞

NEW MOTHER-INFANT INTERVENTION TECHNIQUES

FEATURED AT WSP CONFERENCE

By Mimi Blasiak

The WSP's Observational Studies Training Program and the Adele Lebowitz Center for Youth and Families sponsored a workshop in April that featured a Canadian method for working with mothers and their babies to address problems in infancy and early childhood. The approach is called "Watch, Wait and Wonder." The main presenter of the conference was Nancy J. Cohen, who is the director of research at the Hincks Dellcrest Centre in Toronto and professor of psychiatry at the University of Toronto. She was the principal researcher of a 1999 study that compared the "Watch Wait and Wonder" method to more traditional psychodynamic psychotherapy with parents and infants. She worked in collaboration with Elizabeth and Roy Muir, who developed the technique.

Nydia Lisman-Pieczanski, Chair of our Observational Studies Program, introduced the "Watch Wait and Wonder" technique some time ago to many in the Washington School of Psychiatry

community through the showing of a documentary produced by Frontline called "When the Bough Breaks." The film follows several families treated at the Hincks Dellcrest Centre in Toronto and demonstrates the dramatic results obtained.

"Watch Wait and Wonder" is a child-led psychotherapeutic approach. It is unique in that it uses the child's spontaneous activity in a free play setting that enables the mother to newly see and understand her child's behavior. Following a period of play between mother and child, the therapist helps the mother observe her child and to make links to the mother's own past. The approach has been shown to enhance both the mother's sensitivity and responsiveness to her child and the child's sense of self and self efficacy. The Observational Studies Program and the Lebowitz Center are planning a program to train clinicians in this approach and offer this service to families in the DC area. ☞

WSP WORLD NEWS

SUMMER 2007 - By Thia Joseph

There are some exciting changes in our training programs: **LINDA GREY** is the new Chair and **JOHN ZINNER** the new Vice-Chair of the Couple and Family Program; and in the Group Psychotherapy training program, **MARYETTA ANDREWS-SACHS** has assumed the position of Chair, and the new Dean is **JOHN THOMAS**. The Group program has also added some new faculty: **STEVEN VAN WAGONER**, **MOLLY DONOVAN** and **BOB SCHULTE**. **MARYETTA** has also been reelected to the Board Of the Mid-Atlantic Group Psychotherapy Society.

KRIS MACGAFFIN, **PATRICIA HARTMAN** and **BEN ELLIS** were panelists for the Couples Program Scientific Meeting held at the school in May. The meeting included a paper presented by Kris on the subject of Collaboration in Couples Therapy; and a discussion by **LINDA GREY** and **RICK WAUGHAMAN** of their collaboration integrating couple and individual therapy. **GRIFF DOYLE** spoke on the subject of Autism Spectrum Disorder at the Psychotherapy Networker Annual Symposium in Washington in March, and at Washington College in Chestertown, MD in April. **GEORGE SAIGER** was named Co-Chair of the Psychiatry Special Interest Group of the American Group Psychotherapy Association; he chaired a session devoted to the training of psychiatric residents at the Association's annual meeting in March in Austin, Texas.

DEBORAH BLESSING published a paper entitled "Hiding in Plain Sight – The Sibling Connection in Eating Disorders" in the Journal of Child Psychotherapy, April 2007. **TOM GRAY**, of the Meyer Treatment Center, wrote two book chapters on cooperatives published by New Harmony Books and MIT Press; he also made three presentations at the Rural Sociology Society annual meeting in August 2006. **BARTON EVANS** is co-editor of the forthcoming Handbook of Forensic Rorschach Psychology (LEA/Routledge), due in July, 2007; and his book Harry Stack Sullivan: Interpersonal Theory and Psychotherapy (Routledge) recently went into a second printing, now available.

LAMISE JARRAR (1952-2007)

By Maryetta Andrews-Sachs

We have lost a treasure. On Feb 9 Lamise Jarrar, beloved member of the faculty of The National Group Psychotherapy Institute, died at George Washington University Hospital of cancer. In addition to her work at the School, Lamise was director of practicum and externship training at Howard's counseling service where she had worked since 1985. She was also an active member of AKRice Institute for Group Relations and led or worked on conferences dealing with diversity, authority and leadership in organizational life, among them several of the annual Bryn Mawr Group Relations Conferences.. She authored several scholarly articles and a book chapter on the dynamics of organizational life.

Lamise joined our NGPI faculty in 1994 and served on the Large Group Team. She was Chair of this team for several years. One member of our faculty remarked that Lamise was incapable of telling a lie. She was brilliant, courageous, passionate and capable of speaking truth to power in a manner both unique and inspiring.



ANTHONY GULLO presented a paper in January entitled "The Fifteen Minute Session: An Integration of Cognitive Behavioral and Psychodynamic Technique" at the International Conference of Design and Practice Principles, in London, England; his paper was also published in March by the University of Illinois School of Social Work Journal. In November, **MAURICIO CORTINA** presented a paper in London at the International Attachment Network entitled "Attachment and Cooperation: Links with Intersubjectivity"; he also was invited to comment on a paper by Morris Eagle at the New York Attachment Consortium. **JOHN HAYES** recently gave a lecture to the Baltimore Jung Working Group on "Numenosity and Transformative Experiences in Analysis", and to the Baltimore Psychological Association on "Shame and the Shadow".

Central Concepts faculty member **RUTH NEUBAUER** continues to co-facilitate sold-out "Retirement or What Next™" workshops for women over fifty; she is taking the workshop on the road in October and conducting it in Denver, Colorado. Ruth has also recently shown her photography in three invitational exhibits; her work can be viewed at www.liminalspace.com. **LEON LURIE** invites you to his discussion about the film Junebug, to take place at the school in September. **BRUCE SKLAREW** chaired a discussion group and workshop on Traumatic Bereavement in Childhood at a meeting of the American Psychoanalysis Association in Denver in June. He also presented a paper titled "Sado-Masochistic Regression in Cavani's "The Night Porter" at a panel on Holocaust Films of the International Psychoanalysis Association in Berlin in July. He will present a paper on Bergman's "Saraband" at the European Psychoanalysis Film Festival in London in November. ☐

All faculty, staff, alumni and Board members are invited to submit news for this column to ThiaJoseph@starpower.net.

Lamise, a Palestinian-American, was born in what is now Acre, Israel. She graduated from the U of Haifa and received both her Masters and doctoral degrees in psychology from the University of Florida in 1985.

The love of her life was her little daughter Raseese, who has been taken back to Acre to live with her grandmother and extended family. ☐

IN MEMORIAM

Gwen Will, a psychiatric nurse, who taught at the Washington School in the late 1950's, died recently at age 89. Gwen was the former chief of psychiatric nursing at the National Institute of Mental Health and helped to found our locally famous Woodley House, a half-way house for former hospitalized psychiatric patients. She was a dynamic woman who had many other accomplishments. She consulted to the United Nations, the World Health Organization, and Chestnut Lodge. She worked at Austen Riggs and founded three halfway houses in Pittsfield, Massachusetts. In 1952 she published a seminal work in our journal, Psychiatry, on a sociopsychiatric nursing approach to work with hospitalized patients. She was married to Otto A. Will. ☐

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CALENDAR OF EVENTS

SEPTEMBER

- 15 Buddhism and Psychotherapy, 9:00am – 1:00pm
A Panel Discussion presented by the Short Courses Program
- 29 “Penetrating Defenses to Awaken the Self”
Susan Warshaw, MSW
Sponsored by The Intensive Short Term Dynamic Psychotherapy Training Program

OCTOBER

- 1-3 Three day intensive training in Short Term Therapy
Jon Frederickson, MSW
- 12-13 “Webs, Tangled and Otherwise: Systems in Therapy Groups and Elsewhere”
National Group Psychotherapy Institute Conference

NOVEMBER

- TBA “Impact of Race in the Therapeutic Relationship in Working With Underserved Populations”
Sponsored by the Community Outreach Program - a one-day workshop

LATE BREAKING NEWS!

Congratulations to our colleague

MICHAEL J. STIERS, PhD

Who has been selected as the Washington School’s new Executive Director and Chief Academic Officer. Mike was the speaker at WSP’s graduation this year. Turn to page 5 for excerpts from his talk and a photo.

Other events will be scheduled. Consult our website at www.wspdc.org for more information. For a monthly email listing of events, send your address to info@wspdc.org or call 202-237-2700.

For further information or a catalog, call the School, 202-237-2700, or visit our website at www.wspdc.org

The Washington School of Psychiatry’s Meyer Treatment and Adele Lebowitz Centers offer mental health services to adults, children, adolescents, couples and families in many languages. Reduced fees are available; no waiting lists. Call 202-537-6050.